

## Holy Heroes Advent Adventure

Let our family take yours on the fun, easy and free "Holy Heroes Advent Adventure"! We send you daily emails full of fun for ages 3 and up. You just click-and-watch short videos ... click-and-print off fun activities ... click-and-pray along with us!



### The Advent Wreath



The Advent wreath has been part of our tradition for centuries. Although we are not exactly certain when and where it began, it's still a great Advent practice. In Canada, our traditional wreath has four candles—3 purple and 1 pink. The purple candles symbolize prayer and penance. The pink one, which is lit on the third Sunday, symbolizes joy as the faithful have arrived at the midpoint on the way to the great celebration of Jesus' birth. Click on the photo to download your very own Advent Wreath to colour.

Mark the season of Advent by loving and serving others with God's own love and concern. (Saint Mother Teresa of Calcutta)

# Downloads, Videos & Websites

#### Videos

Brother Francis presents The Days of Advent

Whirl Kids Celebrate Advent

<u>5 Advent Activities for Catholic</u> Children

#### Websites

Advent and Christmas Crafts and Activities for Kids by Catholic Icing

<u>Archdiocese of Ottawa-</u> <u>Cornwall's Advent Section</u>

<u>Children's Advent Calendar by</u> <u>Loyola Press</u>

#### **Downloads**

Children's Advent Calendar

The Liturgical Year Colouring Book