

St Philip Parish & St Clare Mission

Roman Catholic Parish, Richmond, Ontario

February 1, 2026—4th Sunday Ordinary Time

Pastor: Father Bob Poole

Deacon: Dcn Louis Seward

Website: www.stphilips-church.com

Email: WelcomeHome1819@gmail.com



St Clare's Mission Est 1849

'A welcoming Catholic community seeking holiness in the Body of Christ'

Sunday Masses: St Philip: Saturday 4:30pm, Sunday 10:30am & 12:30 (Charismatic Mass) St Clare: Sunday 9am

Weekday Masses: Mondays 7pm (St Philip) & Tuesdays 7pm (St Clare's) **What's On Weekly—See Page 2**

Fr Bob's Homilies: www.stphilips-church.com (right side of homepage under the 'Donate Now' button)

Register as a Parishioner: Fill out the form found at the church entrance and drop in collection basket.

Donation Envelopes & Pre-Authorized Payment Plan Forms: Help yourself – at the entrance of church

Fr Bob Writes:

The reading from Paul's first letter to the Corinthians this weekend is a continuation of the second readings from the previous two weeks. As I said before, the first letter to the Corinthians is always given in the first weeks of a new year, to remind us of the particular weaknesses and failures that we face all the time in our church communities. Recall the diversity of national, ethnic and economic backgrounds within the Corinthian community and how this resulted in divisions and competition among its members.

Comparing oneself with others is a common human trait. Kids do it all the time in developing self-identity, figuring out who they are and evaluating their worth in relationship to others by comparing abilities, looks, and material possessions. This tendency to evaluate self-worth by comparison to others decreases as we get older, but we never become completely free of it. Witness the case of Jesus' disciples in Mark 9:33-37 or Luke 9: 46-48.

Members of the Christian community at Corinth were apparently boasting over who had the better education, nicer houses, better blood lines, etc. Later on in the letter (chapters 12 - 14), we will discover that the list of boasting also includes spiritual gifts such as prophecy and speaking in tongues. Paul tries to get them focused on what they all share in common rather than the differences which divide them.

DIGNITY OF HUMAN LIFE SUNDAY—SUNDAY FEBRUARY 8, 2026

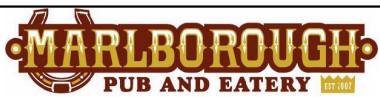
Dear Reverend Fathers, Deacons, and Parish Faithful, Greetings in the Lord!

As we begin the new year and approach the Feast of the Presentation of the Lord, the Archdiocese of Ottawa–Cornwall invites all its parishes to celebrate **Dignity of Human Life Sunday** on Sunday, February 8, 2026.

This day is the renewed form of the former *Pro-Life Sunday*. While it was previously scheduled during the National March for Life in May, it has been moved to avoid the busy liturgical seasons of Lent and Easter. **In 2026, our focus will be on the sanctity and dignity of human life at the end of life**, encouraging prayer, reflection, and pastoral support for the elderly, the sick, the vulnerable, those nearing death, and their caregivers.

The Church affirms that compassionate, high-quality palliative care is the proper and ethical response to suffering at the end of life, providing comfort, dignity, and support to both the person and their loved ones. We warmly encourage your parish to celebrate Mass that day with the theme of the sanctity of human life, honoring the gift of human life and promoting the Church's call to compassionate end-of-life care.

... See more information on pages 3 and 4 of this bulletin



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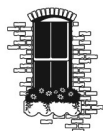
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A Pastoral Word from your Archbishop

As your Archbishop, I am deeply aware of the questions, fears, and uncertainties that many people face when dealing with serious illness, suffering, or the end of life—whether for themselves or for someone they love. These moments touch us all, and they deserve compassion, clarity, and care.

This pamphlet is offered to help explain the difference between palliative care and Medical Assistance in Dying (MAID), using simple and respectful language. It is not meant to judge or blame, but to inform, to accompany, and to encourage thoughtful reflection. As a Church community, we believe that every person deserves to be cared for with dignity, tenderness, and hope, especially during times of vulnerability.

Understanding Palliative Care and Medical Assistance in Dying (MAID)

Palliative care is a specialized approach within the Canadian healthcare system that focuses on comfort, dignity, and quality of life for people living with a serious or life-limiting illness. It can be provided at any stage of illness and alongside other medical treatments.



A Pastoral Message

To all who are living with illness, caring for a loved one, or facing difficult decisions, please know that you are not alone. Our Church wishes to walk with you, to listen, and to support you with understanding and compassion.

May we continue to build a society where care, presence, and solidarity are at the heart of how we respond to suffering. May we never forget that dignity does not disappear with illness, and that love has the power to bring comfort even in the most challenging moments.

With my prayers and blessing,



✠ Marcel Dampousse
Archbishop of Ottawa-Cornwall

The purpose of palliative care is not to cure disease, but to relieve suffering and support the whole person—physically, emotionally, socially, and spiritually. It helps manage pain and symptoms such as shortness of breath, nausea, or anxiety, while also offering support and guidance to families and caregivers.

At its heart, palliative care reflects our shared responsibility to care for one another. It affirms that every life has value and that no one should face illness, frailty, or death alone. Through presence, listening, and practical help, palliative care offers reassurance and human connection.

Palliative care is not “giving up.” Many people in Canada receive palliative care while continuing other treatments. Its goal is to help people live as fully and comfortably as possible for as long as they live.

Palliative care can be provided in many settings: at home through home-care services, in hospitals, in long-term care homes, or in hospices when additional support is needed. Care is flexible and adapts to each person’s needs, wishes, and circumstances.

Medical Assistance in Dying (MAID), by contrast, intentionally brings life to an end. Palliative care takes a different path. It does not hasten death but walks with the person through illness with gentleness and respect, focusing on comfort, dignity, and care until natural death.

Choosing palliative care means choosing accompaniment, support, and compassion—trusting that every life remains worthy of care until the very end.

Parish News

DIGNITY OF HUMAN LIFE SUNDAY—FEB 8TH

Sunday, February 8, 2026 will be celebrated as Dignity of Human Life Sunday throughout the Archdiocese of Ottawa–Cornwall. See pages 3 and 4 of this bulletin.

‘IN PERSON’ OFFICE HOURS/FURNACE REPAIR

Due to a furnace repair required in the rectory/office building, our ‘in person’ Wednesday office hours will resume by the end of January (provided the furnace repair is complete). Our regular (virtual) office hours will be as follows: Tuesdays, Wednesdays and Thursdays from 9am to 1:30pm. Please phone us at 613-838-2314 or email the office at welcomhome1819@gmail.com.

FEB 12: LECTURE ON INDIGENOUS JUSTICE:

NIIGAAN SINCLAIR Join St. Joseph’s Parish for the inaugural “Fr. Jim Bleackley Lecture on Indigenous Justice”. This event, taking place at 7pm on February 12, features Niigaan Sinclair (son of Murray Sinclair), a prominent activist based in Winnipeg, Manitoba. The event is sponsored by St. Joseph’s Parish, admission is a freewill offering towards Kateri Native Ministry. For more information, contact Mikayla at info@st-josephs.ca or 613.233.4095 x251

SERVANTS OF THE CROSS COME AND SEE

WEEKEND You’re Invited! The Servants of the Cross (servantsofthecross.ca) are hosting a COME AND SEE for young single women who are discerning the consecrated life. It will be a time to discover your vocation and a time to connect with our Community. Join us either in-person or on Zoom from **Feb. 20 – 22nd, 2026** (Friday – Sunday). Register by Friday, Feb. 13th, 2026. contact: Sr. Penelope Micae Nguyen, SC, Vocations Director, 613-551-0899 or vocations@servantsofthecross.ca. www.servantsofthecross.ca “Come and See” and let the Lord speak to your heart.

FIRST FRIDAY MASS: FEBRUARY 6, 6:30PM

All are welcome! At St Philips on Friday Feb 6th. Mass starts at 6:30pm, followed by a holy hour of adoration from 7-8pm.

VOLUNTEERS NEEDED: MASS SLIKE PRESENTATION TEAM

St. Philip Church is seeking volunteers to assist with running the slide presentations during Mass. If you're comfortable using Google Slides—even just a little—we'd love to have you join our team! Help is needed for Sunday morning Mass. Training will be provided, and you'll be supported every step of the way. This is a great opportunity to serve the parish in a meaningful and behind-the-scenes way. All ages, including teens are encouraged to join. If you're interested or have questions, please contact the parish office or speak with Dan McKenna at dan-no2846@gmail.com. Thank you for considering this important ministry!

Pope’s Intentions for February 2026

For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

Parish Directory :

Pastor: Fr. Bob Poole - 613-838-2314

Deacon: Den Louis Seward– 444-1228

Office Administrator: Lynn Lane 613-838-2314

Address: 127 Burke St., P.O.Box 59, Richmond, On, K0A 2Z0

Phone: 613-838-2314 **Fax:** 613-838-3985

Email: WelcomeHome1819@gmail.com

Website: www.stphilips-church.com

Office Hours: Virtual Tues & Thurs – 9am-1:30pm. Wed: In Person 9-1

Bulletin Deadline: Tuesdays at 12 noon

Hall Rentals: Office (613-838-2314)

Parish Schools: St. Philips Catholic School – 613-838-2466

Sacred Heart High School (Stittsville) - 613-831-6643

Baptisms: Third Sunday of the month (3pm); Baptismal preparation required. Contact office 8 weeks in advance.

Marriages: Contact office at least 6 months in advance of desired date

Reconciliation: First Fridays 7-8pm; OR

By appointment – call the office (613-838-2314)

Confirmation/1st Communion – Next Enrollment is September 2025

Sacrament o/t Sick-on request, & after every Mass on last wkend of month

FEB 22ND KNIGHTS OF COLUMBUS MASS AND

BREAKFAST at the St Philips at 1030am. All ministries will be conducted by the Knights of Columbus council. Afterwards, please join us in the hall for a parish breakfast where we will also be drawing the winning names for this year’s raffle. As this Mass serves as a recruiting drive, it is an excellent opportunity to meet your Knights and receive information on the charitable work we do for your parish and how you can get involved. Hope to see you there. This Mass will be livestreamed (note the Saturday Feb 21st Mass will NOT be livestreamed).

NO LIVESTREAM SATURDAY FEB 21ST. Mass will instead be livestreamed Sunday February 22nd. View at: www.stphilips-church.com or click this link https://www.youtube.com/@stphilipparish_stclaremission/streams to go directly to our YouTube page.

ASH WEDNESDAY - FEBRUARY 18 !

There will be Mass (with ashes) at 7pm at St Philips on Wednesday February 18th.

THURSDAY PRAYER MEETING ON HIATUS The Thursday evening prayer meeting is on hiatus, resuming in April. See you then

PRAY FOR THE CHILDREN MAKING SACRAMENTS

We have over 60 students making the sacraments of First Eucharist and Confirmation this spring. Kindly keep them in your prayers.

PRAYERS FOR OUR PARISHIONERS

Please pray for Kay Lawless, Caroline Acker, Fred Schubert, Peter Maitland, Fr Ruddick, Gerry van Gaal, Kathleen Crozier, Glenna Leighton, MJ Wilson, Theresa Slattery, Michael Lawless, Suzanne Denis, healthcare workers, those affected by illnesses, those who are isolated and all who mourn. God bless them & families with peace, joy, strength. St Joseph, Hope of the Sick, Patron of Dying, intercede for us.

BASIC PASTORAL TRAINING COURSE STARTING

SOON Courses are either in-person (Monday afternoons) or online by Zoom (Monday evenings). Both courses begin Monday, March 9 and run weekly until May 11 (incl Easter Monday). We invite you to share this information in your bulletins and newsletters. Spaces are limited so take a few moments and register early. For more information about these and other programs, visit our website's home page at www.ottawapastoralcare.com. Info: Josephine Hall (613) 413-0384

THE FAMILY CIRCUS



Ministries:

St Philip Ministries:

Pastoral Council-Fr Bob Poole 838-2314

Temporal Affairs– Dan McKenna danno2846@gmail.com

Children’s Liturgy – Julie McBane

Sacristans – Betty Dolan 838-3181

Lectors, Eucharistic Ministers– Christina Murdock 324-3287

Ladies Auxiliary – Ronald McKenna

Knights of Columbus – John Evans jte65@outlook.com

Cemetery – Brian Goss 838-4269

St Vincent de Paul - David Vickers 838-2314

Coffee Sunday—Veronica Gervais 791-2723

Live-Stream—Patrick McIver

St Clare Ministries:

Pastoral Council Ryan O’Connor

Ryan@unreserved.com

Finance Chair – Anastasia Bowles 257-8249

Lectors, Sacristans – Ada Gorrie 838-2490

Cemetery – Jerome O’Connor 838-2704

CWL-Ada Gorrie(838-2490) / Tilly O’Connor 838-5103

Parish Life—Regular Activities

ST CLARES:

Pastoral Council—3rd Tuesday of month after 7pm Mass

Coffee Sunday—2nd Sunday of month.

CWL—every 2nd Thursday of the month at 7 pm

ST PHILIPS:

Adult Ed/RCIA: Dcn Louis—444-1228

Adoration o/t Blessed Sacrament: Mondays, 2-6:45pm

Apostles Div Mercy: 2nd & 4th Mondays, 1pm, 63 Lennox

Bible Study: Tuesday afternoon, 2pm in parish Hall

Coffee Sunday: Sundays weekly after 10:30am Mass, Hall

Euchre: Every 2nd Wed, 7pm in Hall: Jan 21, Feb 4, 18

First Friday Mass: Next: 6:30pm—February 6, March 6

Knights of Columbus—2nd Tues of mo-7:30 in Hall

Ladies Auxiliary: Jan 14, Feb 11- 7 pm in Hall

Pastoral Council: 1st Tues of month, 8pm, Hall

Prayer Meeting—Resumes in April

Rosary: St Philips, 4:10pm (before 4:30pm Saturday Mass)
& 10:10 (before 10:30am Sunday Mass)

St Vincent de Paul—3rd Wednesday of the Month (Rectorry)

Temporal Affairs Cnc'l: 4th Tues of the month, 7pm, Hall

Announced Masses—January

Saturday, 4:30 at St. Philip

Jan 3—Philip, Martha, Herbert Moloughney by Paul Moloughney

Jan 17—In memory of Robert Pearson by Stephen Heidemann

Jan 31—In memory of Pat Monuk requested by Joanne Denis

Feb 7—Philip, Martha, Herbert Moloughney by Paul Moloughney

Sunday 9am at St. Clares

Jan 18—In mem of Sam & Jasmine Thistle by Colleen & family

Sunday, 10:30 at St. Philips

Jan 4—Intentions of Erin Brown by Stittsville Mothers group

Catechism Corner

Why do we seek God?

God has placed in our hearts a longing to seek and find him. St. Augustine says, "You have made us for yourself, and our heart is restless until it rests in you." We call this longing for God **Religion**.

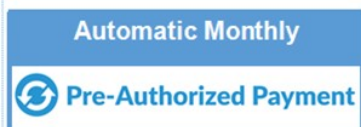
It is natural for man to seek God. All of our striving for truth and happiness is ultimately a search for the one who supports us *absolutely*, satisfies us *absolutely*, and employs us *absolutely* in his service. A person is not completely himself until he has found God. "Anyone who seeks truth seeks God, whether or not he realizes it" (St. Edith Stein). (YOUCAT question 3. **Dig Deeper:** CCC section (26-30) and other references [here](#).)

Please Consider Donating



Set up an E-Transfer from your bank and email to us at: WelcomeHome1819@gmail.com

Please ensure you include your full name and mailing address, and your parish 'Donation Box Number' (if you have one). You will receive a tax receipts from the parish in February next year.



Flexible and easy to set up—helps provide predictability and reliability to the parish finances. You can start or end anytime you wish. Wish to enroll? Download [form HERE](#) and email to the office with a photo of a void cheque. You will receive a tax receipts from the parish next February.



Click [HERE](#) to be sent to the CanadaHelps.org website to make your secure donation. CanadaHelps.org will send us your donation (less 4% service fee) and they will issue you an immediate tax receipt by email.



Donate by Cash of Cheque—donations in numbered envelopes (or in an envelope with your name & address) can be dropped in the collection plate. OR cheques can be mailed to the office.

Why is it important to support the parishes financially?

Just like any other charity or non-profit organization, it costs money to keep St. Philip Parish and St. Clare Mission afloat. For example, the annual operating expenditure budget of St. Philip Parish is approximately \$155,000, which goes towards paying for the following items:

- Paying for the parish priest, the parish office administrator, replacement priests to say Mass and the parish bookkeeper;
- Diocesan tax on parish revenues (donations);
- Utilities (heat, hydro, water, sewer, utilities, etc.)
- Repairs and maintenance on St. Philip Church, the Parish Hall, and other buildings and grounds;
- Office expenses; and,
- Pastoral expenses.

In addition, St. Philip Parish also spends about \$10,000-\$20,000 per year on major projects and renovations to replace and/or renovate the parish buildings and other items within the parish.

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